

# Yoga Retreat

on Bali

## Daily program

### Day 1 7. March - Friday

12:00\* Departure DK

\*Please check flight information

### Day 2 8. March - Saturday

11:05\* Arrival DPS

12:00-14:00 Transfer

14:30 Check-in

18:00 Early Dinner

\*Please check flight information

### Day 3 9. March - Sunday

07:30-08:45 Yang Yoga Class

09:00 Breakfast

17:00-18:15 Yin Yoga Class

19:30 Dinner

### Day 4 10. March - Monday

07:30-08:45 Yang Yoga Class

09:00 Breakfast

17:00-18:15 Yin Yoga Class

19:30 Dinner

### Day 5 11. March - Tuesday

07:30-08:45 Yang Yoga Class

09:00 Breakfast

17:00-18:15 Yin Yoga Class

19:30 Dinner

### Day 6 12. March - Wednesday

07:00 Breakfast

08:00-13:00 Temple & Trekking

15:00-16:00 Yin Yoga Class

19:30 Dinner

### Day 7 13. March - Thursday

07:30-08:45 Yang Yoga Class

09:00 Breakfast

17:00-18:15 Yin Yoga Class

19:30 Dinner

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## Daily program

Day 8	14. March - Friday
07:30-08:45	Yang Yoga Class
09:00	Breakfast
17:00-18:15	Yin Yoga Class
19:30	Dinner

Day 9	15. March - Saturday
07:30-08:45	Yang Yoga Class
09:00	Breakfast
17:00-18:15	Yin Yoga Class
19:30	Dinner

Day 10	16. March - Sunday
09:00	Breakfast
12:00	Check-out
14:00	Transfer
20:15*	Departure DPS

\*Please check flight information

Day 11	17. March - Monday
07:10*	Arrival DK

\*Please check flight information