

# Yoga Retreat

on Bali

## Daily program

### Day 1 17. February - Monday

12:00\* Departure DK

\*Please check flight information

### Day 2 18. February - Tuesday

11:05\* Arrival DPS

12:00-14:00 Transfer

14:30 Check-in

18:00 Early Dinner

\*Please check flight information

### Day 3 19. February - Wednesday

07:30-08:45 Yang Yoga Class

09:00 Breakfast

17:00-18:15 Yin Yoga Class

19:30 Dinner

### Day 4 20. February - Thursday

07:30-08:45 Yang Yoga Class

09:00 Breakfast

17:00-18:15 Yin Yoga Class

19:30 Dinner

### Day 5 21. February - Friday

07:30-08:45 Yang Yoga Class

09:00 Breakfast

17:00-18:15 Yin Yoga Class

19:30 Dinner

### Day 6 22. February - Saturday

07:00 Breakfast

08:00-13:00 Temple & Trekking

15:00-16:00 Yin Yoga Class

19:30 Dinner

### Day 7 23. February - Sunday

07:30-08:45 Yang Yoga Class

09:00 Breakfast

17:00-18:15 Yin Yoga Class

19:30 Dinner

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### Day 8 24. February - Monday

07:30-08:45 Yang Yoga Class

09:00 Breakfast

17:00-18:15 Yin Yoga Class

19:30 Special Dinner

### Day 9 25. February - Tuesday

07:30-08:45 Yang Yoga Class

09:00 Breakfast

17:00-18:15 Yin Yoga Class

19:30 Dinner

### Day 10 26. February - Wednesday

09:00 Breakfast

12:00 Check-out

14:00 Transfer

20:15\* Departure DPS

\*Please check flight information

### Day 11 27. February - Thursday

07:10\* Arrival DK

\*Please check flight information