

Yoga Retreat

on Bali

Daily program

Day 1 15. March - Saturday

12:00* Departure DK

*Please check flight information

Day 2 16. March - Sunday

11:05* Arrival DPS

12:00-14:00 Transfer

14:30 Check-in

18:00 Early Dinner

*Please check flight information

Day 3 17. March - Monday

07:30-08:45 Yang Yoga Class

09:00 Breakfast

17:00-18:15 Yin Yoga Class

19:30 Dinner

Day 4 18. March - Tuesday

07:30-08:45 Yang Yoga Class

09:00 Breakfast

17:00-18:15 Yin Yoga Class

19:30 Dinner

Day 5 19. March - Wednesday

07:30-08:45 Yang Yoga Class

09:00 Breakfast

17:00-18:15 Yin Yoga Class

19:30 Dinner

Day 6 20. March - Thursday

07:00 Breakfast

08:00-13:00 Temple & Trekking

15:00-16:00 Yin Yoga Class

19:30 Dinner

Day 7 21. March - Friday

07:30-08:45 Yang Yoga Class

09:00 Breakfast

17:00-18:15 Yin Yoga Class

19:30 Dinner

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Day 8 22. March - Saturday

07:30-08:45	Yang Yoga Class
09:00	Breakfast
17:00-18:15	Yin Yoga Class
19:30	Dinner

Day 9 23. March - Sunday

07:30-08:45	Yang Yoga Class
09:00	Breakfast
17:00-18:15	Yin Yoga Class
19:30	Dinner

Day 10 24. March - Monday

09:00	Breakfast
12:00	Check-out
14:00	Transfer
20:15*	Departure DPS

*Please check flight information

Day 11 25. March - Tuesday

07:10*	Arrival DK
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*Please check flight information